

Costa Rica Itinerary Confirmation  
Especially Prepared for: Bella Vacations

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Tour Date: 11 Jan 2014 – 18 Jan 2014

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Saturday 11 Jan 2014

12:49 pm

Arrive San Jose on Delta Airlines Flight # 415.

Transportation

Private transfer San Jose Airport to Peace Lodge  
Transfer time approx. 1 hour

Hotel

Accommodations have been confirmed for 2 nights at  
Peace Lodge

[www.waterfallgardens.com](http://www.waterfallgardens.com)

One Deluxe Room and One Standard Room with Rollaway  
Taxes included

Located on the grounds of La Paz Waterfall Gardens Nature Park just one hour from the San José International Airport, the award winning Peace Lodge introduces its guests to a symphony of purely Costa Rican experiences celebrating the natural wonders of the rain forest and the splendid creatures that inhabit this magical environment. The ultra-upscale accommodations are uniquely themed to complement the inherent beauty of its rain and cloud forest setting and the detailed architecture exudes a natural elegance and sophistication with every room boasting a Jacuzzi tub and stone fireplace along with showers that transform into waterfalls with the turn of a knob. Picture perfect views of the La Paz River Valley and the towering Poás Volcano complete the experience.

**Deluxe Room:**

For those who desire the feel of the Rain Forest even when they are inside, this is the room for you. This 800-square-foot room has an unbelievable garden bathroom designed for the true nature lover. A seven-foot waterfall comes to life as you soak in the Jacuzzi tub in the garden. There is also a garden shower and enclosed shower. All of this is surrounded by beautiful indoor landscaping and illuminated by a skylight. The room also has a Jacuzzi tub and hammock on the balcony for those picture perfect star gazing nights. A grand gas fireplace to view from the king size canopy bed makes the room. There is also satellite TV, stereo system, refrigerator, coffee maker & room safe.



**Standard Room:**

This 650 square foot room has a king size canopy bed viewing a grand gas fireplace. The interior design of the room is only surpassed by the view from the balcony of the La Paz River Valley and the Poás Volcano. The best way to

enjoy the view is from the Jacuzzi tub or swaying in the hammock on the balcony. The bathroom has an oversized mosaic tiled tub and elaborate waterfall shower. There is also satellite TV, stereo system, refrigerator, coffee maker and room safe.



Tour  
Peace Lodge - Frog Tour

The frog tour takes place in a free range Ranarium or frog exhibit where the frogs roam freely throughout our landscaped enclosure. Because you are not looking at them through glass it is the perfect environment for taking photos of the frogs. The educational signage and knowledgeable guides are able to impart extensive information about the frogs in Costa Rica.

Sunday 12 Jan 2014

Tour – Virtuoso Benefit  
Peace Lodge - Private Waterfall Gardens Guided Tour

One of our trained staff will guide you through the trails of Waterfall Gardens. Every step of the way they will impart information that you might otherwise miss (things that aren't in the tour book). This will be your ultimate Costa Rican experience of flowers, butterflies, orchids, hummingbirds, Cloud and Rainforest, snakes, frogs and waterfalls. The tour offers the history and ecology of the area and interesting aspects of the construction of Waterfall Gardens. A true behind the scenes guide to Waterfall Gardens.

Duration: 3 hours, 30 minutes

Monday 13 Jan 2014

8:30 am Morning transfer to The Springs

Afternoon Tour - Public Canopy Tour Ecoglide

Located in La Fortuna, in the town of San Carlos you will find Arenal Ecoglide Park, one of Costa Rica's newest adventure parks. Arenal Ecoglide Park's canopy is built following the highest safety standards. Our Canopy at Arenal Ecoglide Park is known for having two separate cables, the first cable is the one you glide on, the second is for safety precautions. The canopy consists of 15 cables and 18 platforms which are divided into three sections that are found mostly in the trees, which are designed to allow maximum contact with nature. One of the tour's major attractions is the Tarzan Swing. You will forget about work and all your worries will disappear as you fly thru the trees like Tarzan. Schedule: 8:00 a.m. to 4:00 p.m. Customer Picks the starting time.

Includes: Transportation, equipment, guides and drinks.

What To Bring: Comfortable clothing, closed shoes and camera.

Transportation

Private transfer Peace Lodge to The Springs Resort  
Transfer time approx. 2 hours

Hotel

Accommodations have been confirmed for 3 nights at  
The Springs Resort and Spa  
[www.thespringscostarica.com](http://www.thespringscostarica.com)  
Two Bedroom Junior Springs Suite (Room # 317)  
Lodging includes access to all Hot Springs and Pools.  
Breakfast and taxes included.

The Springs Resort and Spa:

With a spectacular view of the Arenal Volcano, natural hot and cold springs, four unique dining experiences, and an impressive full service Spa, The Springs Resort and Spa at Arenal promises to overwhelm you in every aspect of

quality, service and design. This Costa Rica luxury resort perches one thousand feet above the Arenal Valley on a mountain ridge just six kilometers north of the active volcano, but safely outside the government-declared danger zone. With 18 hot springs pools spanning over 4 acres of landscaped recreational area, there is plenty of room to spread out and relax. The resort also features a wildlife preserve with 25 rescued jungle cats and monkeys and Club Rio along the Arenal River directly below the resort which offers kayaking, river tubing, horseback tours, hiking trails, nature tours, fishing and more.

**Two Bedroom Junior Springs Suite (Room # 317):**

Each Guest Room includes a Private Terrace with Balcony and Picturesque Volcano View, Hammocks, Rocking Chairs, Central Air Conditioning, Luxurious Marbled Bathrooms with Jacuzzi Tubs and Multiple Head Showers, Satellite Television with 37" Flat Screen TV, Surround Sound Stereo with CD/DVD Player and IPOD/MP3/USB Connectivity, Telephone, Wireless Internet Access, Wet Bar, Safe, Mini-Bar Refrigerator and Coffee Maker. This two bedroom, two bath suite occupies an even higher elevation than the Alta Vista rooms and enjoys a spectacular view of the volcano and countryside. The master bedroom includes a king size bed and a bathroom with a special arched ceiling and lighting feature behind the Jacuzzi tub. The second bedroom in this suite has floor to ceiling windows in a radius design that offers a dramatic sensation of floating as you view the mountainside dropping hundreds of feet below. The second room offers two twin beds with sufficient space to add a third, if needed. The occupants of both the master and second bedrooms can enter and exit through a common hallway without disturbing each other as long as the privacy doors are closed.



Tuesday                      14 Jan 2014

Tour

White Water Rafting Class 3/4

Join us for a great day of rafting! Set deep in the Costa Rican rain forests and fed by waters from the Poas volcano, this amazing tropical river winds 13Km (about 9 miles) through the canyon filled with dramatic scenery and heart pumping excitement. This river offers some of Costa Rica's best white water with big waves, technical rapids and continuous whitewater. Our journey begins with a 1.5 hour scenic drive through the Eastern portion of central Costa Rica through the beautiful pineapple, papaya and yucca fields with Volcano Arenal set in the backdrop. Once we reach our destination, our trained/skilled guides will review the rules and safety guidelines for the river to familiarize yourself with your job as paddlers.

Then we will take the PLUNGE and head down river. We will enjoy the spectacular scenery and a thrilling ride. Halfway through our journey we will "re-fuel" on the river bank and enjoy some delicious tropical fruit while soaking in the tropical surroundings. River time varies between 2.5 and 3 hours depending on changing daily water flow. At the end of our journey, a cold drink and dry towel await you before a short ride where you can change into dry clothes followed by a delicious Typical Costa Rican lunch. Wave Expeditions has 2 identical class 3-4 runs on 2 different rivers, the Sarapiquí river and the Toro river. Each are identical runs and only 15 minutes apart. We determine which river we run each morning depending on the most optimal water levels, assuring that you will have the most optimal river experience available.

What to bring on the trip Easy dry clothes (shorts and t-shirt are best), Bathing suit, Secure shoes (Sports Sandals and water shoes are best), Extra change of clothing for after the rafting, Sunscreen, Camera for the van ride and educational stops, but not on the river.

Schedule: Tour departs daily at 8:30am and returns at 4:00pm

Tour includes: Transportation to and from most La Fortuna hotels, bilingual certified guides, fruit and snacks on the river, Ice cold drinks, towels, lunch. (Photo service available on most trips)

TRIP DETAILS River time – 2.5 to 3 Hours Difficulty – Class III – IV River Run Length - 19 kilometres

Note: Please be ready 10 minutes before your scheduled pick up time at your hotel reception. Make sure to wear secure shoes (no bare feet and no flip flops), bathing suit, shorts and a t-shirt. Also, please bring a small bag with additional dry clothing so you can change into them after rafting.

Wednesday                      15 Jan 2014

Tour

## Pure Trek Canyoning

Pure Trek Canyoning is the leader in Waterfall Rappelling in Costa Rica! They believe in doing one thing and being the best at it, and for them, that's Canyoning. Come enjoy this fun tour with great guides, spectacular views and beautiful trails throughout! From Children to adults and people with experience, they are the specialists! No experience necessary, kid friendly.

### ADVENTURE INCLUDES:

- 4 rappels (3 waterfalls and 1 rock wall) in a Rainforest Canyon
- Hiking on beautiful trails in the canyon between rappels
- Waterproof jackets
- Transportation to and from your hotel in the La Fortuna/Arenal area
- Bilingual, professionally-trained guides
- Professional photographer (cd for purchase at the end of the tour)
- "Tipico" Costa Rican style lunch

### WHAT TO BRING:

- Fast drying clothing (surf shorts, outdoor hiking type synthetic clothes)
- Adventure sandals, tennis shoes or light hiking boots
- Change of clothes and towel

### SAFETY:

We use only high quality gear used in canyoning and rock climbing. All of our guides have been professionally trained in Wilderness First Aid, CPR and vertical rescue. We are certified by the Costa Rican Tourism Board (ICT) and, professionally trained in Canyoneering. We check all of our set cable anchors, tree health and all trail systems daily.

Pick-ups begin at 7:00 a.m. Return at 12:30 p.m. (approx.)

Thursday                      16 Jan 2014

#### 8:30 am

#### Transportation

Private transfer The Springs Resort to JW Marriott  
Transfer time approx. 4 hours

#### Hotel

Accommodations have been confirmed for 2 nights at  
JW Marriott Guanacaste

[www.marriott.com/sjojw](http://www.marriott.com/sjojw)

Two Deluxe Ocean View Rooms, one with king, one with 2 doubles

Rooms near to each other requested, not guaranteed.

Includes buffet breakfast and taxes

#### JW Marriott Guanacaste:

Enjoy unforgettable sunsets everyday as you discover a cool and exotic drink on Mansita beach. Four restaurants and two bars, with unique ambiances and culinary styles, add excitement and fun. A world class Spa helps you find tranquility and relaxation while rejuvenating body, mind and spirit

#### Deluxe Ocean View Room:

Luxurious bedding and exquisite bathroom amenities ensure your maximum comfort. Spacious room with a comfortably furnished private balcony or terrace. Features a luxury bathroom with separate deep soaking bathtub and shower. Wireless Internet is available for a fee in all guest rooms & throughout the resort. 24 hour room service and twice daily maid service are standard.



Friday \_\_\_\_\_ 17 Jan 2014

Tour

Leatherback Turtle Night Tour

Saturday \_\_\_\_\_ 18 Jan 2014

12:50 pm

Depart Liberia Airport on Delta Airlines Flight # 469

Transportation

Private transfer JW Marriott to Liberia International Airport  
Transfer time approx. 1.5 hours

**Departure tax of \$29 per person is not included. Please purchase at airport before getting in line for check in.**

**Tours do not include: Items of a personal nature, optional tours, departure tax, meals not listed and gratuities to drivers, guides, bag handlers, and maids unless specified. Cancellation and change fees apply.**

**Costa Rica Entry Requirements**

For US Citizens a valid passport is required to enter Costa Rica and Nicaragua.

Passport must be valid for at least 3 months past travel dates.

Additional information on entry requirements may be obtained from:

**Consular Section  
Embassy of Costa Rica  
2114 S Street, N.W.**

Washington, D.C. 20008  
202-328-6628  
<http://costarica-embassy.org/>

### **Rico Tours Terms and Conditions**

#### **Deposit and Payments**

To avoid automatic cancellation, a deposit of \$200.00 per person is required within seven days of reservation with full balance due sixty (60) days prior to departure. Certain inclusions may require immediate purchase.

Peak season bookings (Dec 15 - Jan 05) are confirmed with a 50% non-refundable deposit and full balance due 90 days before travel.

#### **Cancellations, Changes and Refunds** **We highly recommend travel insurance.**

All requests for cancellations and refunds must be in writing and sent to Rico Tours together with appropriate receipts and documentation. If the request is received by Rico Tours sixty (60) days or more before the departure date, a full refund will be made less a \$200.00 per person charge that will be assessed in addition to any other cancellation fees and charges which may be assessed by suppliers such as airlines, hotels, and ground operators. If the request is received less than sixty (60) days before the departure date no refund will be granted. Once travel commences, unused portions of packages are non-refundable.

Peak Season bookings (Dec 15- Jan 05) bookings and deposits are non-refundable for any reason.

It is specifically understood that all airline tickets are subject to the individual airline's restrictions and that any refund for an airline ticket is subject to prior reimbursement by the airline involved to Rico Tours.

Some changes may incur additional costs.

#### **Responsibility**

Rico Tours arranges tour services and accommodations through suppliers who will provide goods and services for your trip. You agree that Rico Tours acts only as your agent and you agree not to hold Rico Tours liable, and Rico Tours hereby disclaims all liability, for any delay, loss, injury, expense of accident occasioned directly or indirectly by any action or omission, whether negligent or otherwise, of any supplier or other entity entrusted with the performance of any service or the delivery of any goods in connection with your trip or any available option. You agree to seek all remedies directly with suppliers. On advancement of deposit to Rico Tours, the depositor therefore agrees to be bound by the above recited terms and conditions.